

University of Toledo  
 College of Languages, Literature, and Social Sciences  
 Department of Psychology  
 PSY 6250 & 7250 Seminar in Clinical Psychology/Clinical Psychopharmacology  
 Syllabus- Spring 2013

Instructor: Jason C. Levine, PhD  
 Office Location: UH1330  
 Telephone: 419-530-2761  
 Email: [Jason.Levine2@utoledo.edu](mailto:Jason.Levine2@utoledo.edu)  
 Office Hours: TBD  
 Class Days/Time: Thursdays 0900-1130am  
 Classroom: UH6400  
 Prerequisites: Graduate student status, psychobiology equivalent,  
 coursework in psychopathology

Short Course Description:

Seminar examining psychopharmacological medications, their basic classification, indications, contraindications, and side effects. Suited for non-psychiatry students and providers.

Course Description

This course will provide an overview of commonly used psychopharmacological medications, their basic classification, indications, contraindications, and side effects. The overarching goal of this seminar is to provide students with knowledge and understanding of psychopharmacological treatments in order to communicate more meaningfully and consult with consumers and other healthcare providers. This course is designed for non-psychiatry students and providers that work in a mental health related field or in a primary care medical setting.

Learning Outcomes:

- x Students will recognize and articulate common psychotropic medication names and their classifications, indications, contraindications, and side effects.
- x Students will recite evidence-based practice guidelines for mood disorders, anxiety disorders, psychotic disorders, insomnia, substance use disorders, and dementia.
- x Students will distinguish among psychotherapeutic and medication treatment options and develop appropriate treatment plans for simple case examples.
- x Students will demonstrate consultation skills during in-classroom role playing exercises and oral exam.
- x Students will demonstrate a basic knowledge of behavioral health integration in medical settings.

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### Assigned Readings Policy

You are required to do the weekly readings before coming to each class. Required readings are boldfaced in the course outline. If it appears through class discussion that you have not thoroughly done the weekly reading, I will institute a pop strategy. If we end up having pop quizzes, they will be counted toward your grade. To encourage

chapters, and Reading Responses are required for those additional articles assigned. Although we will not cover all of the reading material in class, you are nonetheless responsible for its content.

### Reading Responses

Written responses to each assigned journal reading shall consist of a summary paragraph AND a paragraph consisting of your evaluation, synthesis, or analysis of the material. These written responses are expected to expand your knowledge of psychopharmacological concepts and issues, as well as provide an opportunity to practice critical thinking skills. Responses should be typed, double-spaced, 12-font, and emailed to me no later than the day of class before class.

### Psychiatry Shadowing (Clinical Psychology Students Only):

one half day shadowing a psychiatrist or psychiatry resident in the Psychiatry Outpatient Clinic on the UT Health Sciences Campus. Dates and times are coordinated between the



		Psychopharmacology. 14-20. Jacobson NS, Hollon SD. Cognitive behavior therapy vs Consulting and Clinical Psychology, 64, 740, 1996.
Feb 21	<u>EXAM 1</u>	
Feb 28	NO CLASS	
Mar 7	NO CLASS	Spring Break
Mar 14	Mood Stabilizing Medications, cont.	Preston Text 6/7/16 Belmaker, R. H.(2004). Bipolar disorder. <i>New England Journal of Medicine</i> , 351, 476-86. Lingam, R. & Scott, J. (2002) Treatment non-adherence in affective disorders. <i>Acta Psychiatrica Scandinavica</i> , 105(3), 164-172. Brondolo E. & Mas, F. (2001) Cognitive behavioral strategies for improving medication adherence in patients with bipolar disorder.

