Course Name: Psychodynamic Psychotherapy Practicum
Course Number: PSY 6830/7830
Time: Spring 2014; Mondays 10:00am to 12:00pm
Place: University Hall 1610

Instructor: Rebecca J. Alperin, Ph.D.
License #: Ohio 6386
Phone: 419-841-2582 (home); 330-815-6899 (cell); 419-475-2535 (work)
E-mail: rjalperin@bex.net

Course Description
This is a graduate-level practicum for students interested in learning how to apply psychodynamic therapy
principles with adult clients. It is desirable for students to have taken the Psychodynamic Psychotherapy didactic
course (PSY 6330/7330) before taking this practicum. Although this is a psychodynamic practicum, the approach
is integrative (e.g., utilizing client-centered and/or cognitive-behavioral approaches as needed, while
conceptualizing from a psychodynamic perspective).

Theory Concepts
• Unconscious conflict
• The working alliance
• Transference and countertransference
• Affect phobia and CCRT method
• Integrating other theories/techniques into practice

Therapy Concepts
• How to conceptualize cases
• How to being psychodynamic therapy
• How to determine a therapy focus
• Interventions: Empathy/reflections, questions, clarifications, confrontations, interpretations
• What are the goals of interventions
• How to make accurate interventions
• When and how to terminate

Supervision
• Be prepared to discuss your cases in each supervision meeting. Bring any session video recordings you
would to review and any hard copy files to supervision. This is considered a “group supervision” practicum,
meaning input from all members of the class is appreciated and encouraged.
• Please complete progress notes in Titanium within two days of your session. Intake reports (first draft) should
be completed within