

**Meeting Days:** Tuesday 9:00 – 11:30 & Friday 9:00 – 10:15

**Faculty:** Wesley A. Bullock, Ph.D.

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**Course Description:**

The purpose this therapy practicum is to develop competency in clinical assessment, conceptualization, and therapy skills in the area of family and couple therapy. There will be some review of basic therapeutic skills in addition to an emphasis on assessment.

Sherman, R. & Fredman, N. (1996). *Handbook of Structured Techniques in Marriage and Family Therapy*. Brunner/Mazel: New York

**Workload expectations for the practicum are:**

(1) Each student will complete at least one intake interview with a couple or family

(2) Each student will complete at least one full assessment and/or pick up one therapy

Audio-visual training resources: I have a number of general and area specific DVDs and videotapes available for use. Please let me know if you would like to use any of them.

DVDs include the following:

- 1) Motivational Interviewing with William Miller
- 2) The Spirit of Motivational Interviewing: Integrated Dual Disorder Treatment (by the Ohio CCOE for IDDT)
- 3) Depression (by American Psychiatric Foundation and the Depression and Bipolar Support Alliance)
- 4) Therapeutic Alliance: What Works in Therapy (Scott Miller)
- 5) Outcome Informed Clinical Work (Scott Miller)
- 6) Working with Mandated Clients: A Cooperative, Client-Directed Approach (Scott Miller)

3) Exploring the Spectrum of Recovery

4) Posttraumatic Stress Disorder, PTSD

5) Schizophrenia: The Community's Response

- 6) Living with Schizophrenia
- 7) Understanding Panic Disorder
- 8) Understanding Social Anxiety Disorder