

Graduate Course: PSY 6350/7350 - Family and Couple Therapy

Syllabus: Fall, 2013

Faculty: Wesley A. Bullock, Ph.D., Dept. of Psychology, University of Toledo
email: wesley.bullock@utoledo.edu

Class Meeting Time: Thursday 5:00 - 7:30 (weekly for the 16 week semester)

Primary Text: Nichols, M. P. (2012). *Family Therapy. Concepts and Methods (10th ed)*.
Pearson/Allyn & Bacon: Boston.

In addition to the primary text, articles, handouts, and supplemental text readings will be provided for each topic covered by the course.

Supplemental texts:

Weeks 6 & 8 Odell M. & Methven S. (2005) *If Only I Had Known: Avoiding Common*

Mistakes in Couples Therapy. W.W. Norton: New York.

Gehart, D. (2010). *Mastering Competencies in Family Therapy: A Practical Approach*

		Communication and Power - (Jay Haley) Video: Solution-oriented Therapy w/ Bill O'Hanlon	Ch. 11
	26	Strategic Family Therapy - Use of Paradox Video: Jay Hayley	Handout
	26	Experiential Family Therapy	Ch. 7
		Communication and Emotion (Virginia Satir) Video: Virginia Satir	
Oct	3	Communication and Emotion (Virginia Satir) Video: Satir Therapy w/ Jean McLendon	Ch. 7
	10	Crisis Intervention / Communication and Conflict Resolution	Handout/ Reading
		Exam #1 due (1/3 of course grade)	
	17	Cognitive-Behavioral Family Therapy Behavioral Marital Therapy (Richard Stuart) Video: Behavioral Therapy w/ Richard Stuart	Ch. 9

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Supplemental Text Readings:

Gottman, J.M. &Gottman, J.S. (2006). *Ten Lessons to Transform Your Marriage*. Three Rivers Press: New York.

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Stratton, J., & Smith, R. D. (2006). Supervision of couples cases. *Psychotherapy: Theory, Research, Practice, Training*, 43 (3), 337-348.

supervision with client outcomes, attrition, and trainee effectiveness in a psychotherapy training clinic. *Journal of Clinical Psychology*, 68 (12), 1241-1252.
Vetere, A. (2012). Supervision and consultation practice with domestic violence. *Clinical Child Psychology and Psychiatry*, 17 (2), 181-185.

In addition to the two exams, students will: (1) Prepare an short review (30 minute PowerPoint

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Older training video tapes of well known family therapists, including:

- 1) Virginia Satir
- 2) Carl Whitaker
- 3) Jay Haley
- 4) Maurizio Andolfi

