



Clinical Practicum I-IV

The University of Toledo
Department

Clinical Practicum III: This third-year practicum course includes participation, as an experienced student therapist, in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen through the University of Toledo Clinic.

Clinical Practicum IV: This fourth-year practicum course includes participation, as a senior-level student therapist, in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen through the University of Toledo Clinic.

COURSE STATEMENT

The purpose of this practicum is to build upon students' foundational knowledge of psychopathology and cognitive behavioral theory and principles, as well as their ability to apply this knowledge to the (a) conceptualization and diagnosis of psychiatric disorders and related behaviors, and (b) delivery of effective interventions for adult clients with various forms of psychopathology. These goals will be achieved through the reading of empirical literature on topics relevant to the delivery of cognitive



visual material, and to problem-solve clinical challenges. Individual supervision will involve more detailed discussions surrounding case conceptualizations, intervention choices, clinical challenges, and professional development.

SPECIFIC COURSE OBJECTIVES AND STUDENT LEARNING OUTCOMES

Clinical Practicum I: The purpose of this practicum is to provide an introduction to participation in a clinical supervision team. As a first-year student in this practicum course, your role will be largely observational. In this course you will be provided with the opportunity to observe more advanced second-, third-, and fourth-year students (a) present their assessment and/or therapy cases to the supervising psychologist, (b) develop and articulate case conceptualizations of assessment and/or therapy clients, (c) receive feedback and supervision on case conceptualization, assessment, and treatment planning from psychologist and peer supervisors, and (d) incorporate evidence-based assessment and/or therapeutic techniques into their clinical service plans. In an active role, you may be asked to assist the student clinical trainees in conducting literature searches of the evidence base, serving as a clinical confederate to assist in the delivery of clinical services, and other activities as deemed appropriate.

The touchstone of this practicum will be the use of empiricism to guide how we approach and work with clients. Practicum meetings will be organized such that a thematic area will be discussed, and the following week the application of some of this material will be presented by the clinical trainees in the course of clinical case supervision. Each meeting will include ample time for clinical trainees to discuss clients and to problem-solve clinical challenges in a group or individual supervision format. This practicum also intends to serve as a supportive environment to express your views and questions regarding psychotherapy, supervision, and consultation, as well as to take time to commit to your professional development as a psychologist.

At the end of this course, Clinical Practicum I students will be able to:

- Develop a rudimentary understanding of empirically-supported treatments and principles underlying effective treatments for diverse forms of psychopathology.
- Describe ethical considerations associated with deli



course of clinical case supervision. Each meeting will include ample time for clinical trainees to discuss clients and to problem-solve clinical challenges in a group or individual supervision format. This practicum also intends to serve as a supportive environment to express your views and questions regarding psychotherapy, supervision, and consultation, as well as to take time to commit to your professional development as a psychologist.

At the end of this course, Clinical Practicum II students will be able to:

- Through the effective delivery of a clinical intake interview, develop a conceptualization of client difficulties based in cognitive and/or behavioral principles.
- Identify appropriate assessment measures (e.g., diagnostic interviews) to use with clients during the intake interview, as well as throughout treatment to assess progress.
- Identify appropriate empirically-supported interventions that are guided by a case conceptualization.
- Develop competence in the delivery of empirically-supported interventions for various forms of psychopathology.
- Develop the ability to present clinical cases in group and individual supervision. Develop a rudimentary understanding of empirically-supported treatments and principles underlying effective treatments for diverse



clients and to problem-solve clinical challenges in a group or individual supervision format. This practicum also intends to serve as a supportive environment to express your views and questions regarding psychotherapy, supervision, and consultation, as well as to take time to commit to your professional development as a psychologist.

It is expected that Clinical Practicum III students will continue to build on skills outlined in the Clinical Practicum II Student Learning Outcomes. At the end of this course, Clinical Practicum III students will also be able to:

- Develop an understanding of principles underlying effective supervision and consultation, as well as supervision issues specific to empirically supported interventions.
- Apply knowledge of cognitive behavioral theory and empirically-supported interventions to develop more advanced case conceptualizations that guide more sophisticated interventions.
- Identify strategies for effectively managing client willfulness/resistance.
- Demonstrate greater flexibility and effectiveness in the delivery of psychological interventions in-session as a function of working with clients with more complex symptom presentations or therapy interfering behaviors.

Clinical Practicum IV: The purpose of this practicum is to continue to build upon your knowledge of the theory and principles underlying empirically supported treatments. As a fourth-year student in this practicum course, your role will be to not only apply the principles underlying empirically supported interventions in the delivery of effective therapeutic services for clients, but also to acquire basic skills in the provision of clinical supervision. A major emphasis of this practicum will be using previously acquired skills in the application and delivery of empirically supported treatments to provide clinical supervision to



directive in therapy, etc.



examination or any part of it; 5) Giving or receiving substantive aid during the course of an examination; 6) Commencing an examination before the stipulated time or continuing to work on an examination after the announced conclusion of the examination period; 7) Taking, converting, concealing, defacing, damaging or destroying any property related to the preparation or completion of assignments, research or examination; 8) Submitting the same written work to fulfill the requirements for more than one course. The full University policy on academic dishonesty may be found at <http://www.utoledo.edu/dl/students/dishonesty.html>

Resources Related to Sexual or Gender-based Violence and Harassment

The University of Toledo cares greatly about the health and well-being of our students, staff, and faculty, and takes all sexual or gender-based violence and harassment very seriously. If you have experienced sexual assault, sexual harassment, intimate partner violence, and/or stalking and want a confidential place to obtain support and information, please contact the Center for Student Advocacy and Wellness on the main campus in Health and Human Services Room 3017. You can call 419.530.2497 during regular business hours and 419.530.3431 for 24 hour assistance from a trained advocate. In-person, walk-in appointments are also available Monday-Thursday from 8:30 a.m. to 5 p.m. The Center for Student Advocacy and Wellness provides free and confidential advocacy and counseling services to students, faculty and staff. The YWCA H.O.P.E. Center also can be accessed as an off-campus confidential resource at 419.241.7273. Faculty, teaching assistants, and other university employees are mandated reporters of any incidents of sexual or gender-based violence or harassment. Thus, any disclosures of sexual or gender-based violence or harassment on or off campus made to faculty or teaching assistants, or other university employees must be forwarded to the Title IX Coordinator. The Title IX Office will then contact you regarding your rights, your option to participate in the investigation, interim safety measures and/or academic accommodations, and the need to proceed with an investigation (even if none is requested). Your participation in the process is voluntary. You may call 419.530.3152 to file a complaint or visit the