Principles of Psychology

University of Toledo

College of Arts and Letters

Department of Psychology

PSY 1010-001

Instructor: Caleb Hallauer, MA **TA:** Elyse Hutcheson, BA

Email: caleb.hallauer@rockets.utoledo.edu Email: elyse.hutcheson@rockets.utoledo.edu

Office Hours: by appointment only Class Location: online

Office Location: UH 5150J Class Day/Time: Tuesday/Thursday

Offered: Fall Credit Hours: 3

Course Website: Blackboard Learn

SPECIAL COURSE EXPECTATIONS DURING COVID-19

ATTENDANCE

The following statement on attendance is required by the University of Toledo:

The University of Toledo has a missed class policy. Students must perform a daily health assessment, based on based on CDC guidelines, before coming to campus each day, which included taking their temperature. Students who are symptomatic/sick should not come to class and should contact the Main Campus Health Center at 419-530-3451. Absences due to COVID-19 quarantine or isolation requirements are considered excused absences. Students should notify their instructors and these absences may not require written notice.

Currently, classes of 50 or more students must be held in an entirely virtual environment. So, our Introduction to Psychology must be held virtually. Pre-recorded lectures will be posted on Blackboard Tuesday and Thursday morning at 9:35. You will be able to listen/watch the lecture

- 1. Theory and research representing each of the following four general domains:
 - a. learning and cognition
 - b. individual differences, psychometrics, personality, and social processes, including those related to sociocultural and international dimensions
 - c. biological bases of behavior and mental processes, including physiology, sensation, perception, comparative, motivation, and emotion
 - d. developmental changes in behavior and mental processes across the life span
- 2. The history of psychology, including the evolution of methods of psychology, its theoretical conflicts, and its sociocultural contexts
 - a. Relevant levels of analysis: cellular, individual, group/systems, and culture
- 3. Overarching themes, persistent questions, or enduring conflicts in psychology, such as:
 - a. the interaction of heredity and environment
 - b. variability and continuity of behavior and mental processes within and across species
 - c. free will versus determinism
 - d. subjective versus objective observations
 - e. the interaction of mind and body

Students will be able to enumerate evidence underlying beliefs about behavior:

- 1. Recognize major perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and sociocultural).
 - a. Compare and contrast major perspectives
 - b. Describe advantages and limitations of major theoretical perspectives
 - c. Recognize different research methods used by psychologists.
 - d. Describe how various research designs address different types of questions and hypotheses
 - e. Articulate strengths and limitations of various research designs
 - f. Distinguish the nature of designs that permit causal inferences from those that do not

Students will demonstrate an influence of psychological principles on their behavior, specifically study strategies.

- 1. Demonstrate self-regulation in setting and achieving goals
 - a. Regular and spaced study sessions in the form of recall practice quizzes
- 2. Self-assess performance accurately
 - a. Use feedback from quizzes to realistically assess own knowledge

Students will answer short essay questions with concise clear statements that directly address the question

1. Demonstrate professional writing conventions (e.g., grammar, audience awareness, formality) appropriate to purpose and context

PREREQUISITES AND COREQUISITES:

None

REQUIRED TEXT AND ANCILLARY MATERIALS:

Sanderson, C., & Huffman, K. (2019). Real World Psychology, 3rd Edition. Wiley. ISBN: 978-1-119-57773-7

TECHNOLOGY REQUIREMENTS:

Our course's <u>Blackboard website</u> will be the primary method for obtaining and completing course-related materials. You will access slides, pre-recorded lectures, the course's required survey, quizzes, and exams via Blackboard. Since this course necessarily relies heavily on the internet, always have a backup internet access identified in case of emergencies. Loss of internet will not be an acceptable excuse for missed deadlines unless the outage is widespread.

OVERVIEW OF GRADED ASSIGNMENTS AND OTHER COURSE REQUIREMENTS:

Weekly quizzes:

Quizzes are based on the mastery model. Accordingly, students will have five (5) attempts per quiz. Each attempt will be limited to 6 minutes. The most recent quiz grade will be used in calculation of the final grade. Quizzes are generally due each Monday by 11:59 p.m. Eastern and consist of 10 multiple choice questions. Quizzes are numbered to reflect the chapter from which the questions relate and *not* in chronological order. Each quiz will become available at the start of the week in which the chapter is covered and will close the following Monday, giving students 8 days in which to complete the quiz. Each quiz will be worth 10 points, for a total of 150 points.

required to write a summary of the 4 parts of the research article: Introduction, Methods, Results, and Discussion. No more than 1 paragraph is needed per section. The Results section can be difficult to summarize, so only a few sentences describing the statistical methods used is necessary. A rubric will be available via Blackboard. The research summary is due October 1st by 111:59 p.m. Eastern.

Letter Grades:

A	> 93%	C	73-76%
A-	90-92%	C-	70-72%
$\mathbf{B}+$	87-89%	D+	67-69%
В	83-86%	D	63-66%
B-	80-82%	D-	60-62%
C+	77-79%	F	< 60%

Other Requirements to Receive Course Credit

IMPORTANT UNIVERSITY OF TOLEDO LINKS:

ACADEMIC POLICIES:

A complete listing of the University of Toledo's academic policies for undergraduate students can found at: http://www.utoledo.edu/policies/academic/undergraduate/

UNIVERSITY POLICIES:

The University is an equal opportunity educational institution. Please read <u>The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance.</u> Students can find this policy along with other university policies listed by audience on the <u>University Policy webpage</u> (http://www.utoledo.edu/policies/audience.html/#students).

POLICY STATEMENT ON NON-DISCRIMINATION ON THE BASIS OF DISABILITY (ADA):

Policy Statement on Non Discrimination on the Basis of Disability (ADA)*
The University is an equal opportunity educational institution. Please read <u>The University's</u>
Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act
Compliance.

Students can find this policy along with other university policies listed by audience on the <u>University Policy webpage</u> (http://www.utoledo.edu/policies/audience.html/#students). Academic Accommodations

The University of Toledo embraces the inclusion of students with disabilities. We are committed to ensuring equal opportunity and seamless access for full participation in all courses. For students who have an accommodations memo from Student Disability Services, I invite you to correspond with me as soon as possible so that we can communicate confidentially about implementing accommodations in this course. For students who have not established affiliation with Student Disability Services and are experiencing disability access barriers or are interested in a referral to healthcare resources for a potential disability or would like information regarding eligibility for academic accommodations, please contact the <u>Student Disability Services Office</u> (http://www.utoledo.edu/offices/student-disability-services/) by calling 419.530.4981 or sending an email to <u>StudentDisability@utoledo.edu</u>.

ACADEMIC AND SUPPORT SERVICES:

The University of Toledo embraces the inclusion of students with disabilities. We are committed to ensuring equal opportunity and seamless access for full participation in all courses. For students who have an accommodations memo from Student Disability Services, I invite you to correspond with me as soon as possible so that we can communicate confidentially about implementing accommodations in this course. For students who have not established affiliation with Student Disability Services and are experiencing disability access barriers or are interested