<u>Course Syllabus</u>

Title: Cognitive Behavioral Psychotherapy – PSY 6340/7340: Section 001

Term: Spring 2012

Location: University Hall – Room #1610

Credit Hours: 3

Instructor: Jon Elhai, Ph.D.
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Office Hours: Tuesdays: 11am-12pm
University Hall (UH) – Room #1370

Required Texts: Beck, J. S. (1995). *Cognitive therapy: Basics and beyond.* New York: Guilford Press.
(ISBN #0898628474).

Barlow, D. H. (Ed.) (2007). (Fourth edition). Clinical handbook of psychological
disorders: A step by step treatment manual. New York: Guilford.

(ISBN: 978-1-59385-572-7).

Pryor, K. (1999). Don't shoot the dog. New York: Bantam. (ISBN # 978-0553380392).

we assign to our patients. For example, I will ask you to self-monitor your behavior, thoughts, feelings, etc. These homework assignments will not be submitted for a grade, but instead will form the basis of discussion in class. Please complete these tasks honestly with the knowledge that I will not see these private events or require you to self-disclose to the class. You will have control of what you choose to or not to self-disclose.

have about a particular assignment. Please be prepared to discuss your experience along the lines of these questions:

    1. What you found helpful about the intervention, if anything;

    2. What you did not like about the intervention, if anything;

    3. What, if anything, you learned that will help you use this intervention successfully in a clinical situation;

    4. How long (total over the course of the week) you spent completing the assignment.

    e. *Discussion/Participation*. Extensive classroom discussion about readings and lectures, and about the homework assignments is expected. Participation in role plays and exercises is expected (**20% of grade**).

    f. *Plagiarism Tutorial*. You MUST complete a web-based tutorial on plagiarism as part of your work in this course. The completed tutorial is due by **April 26.** Failure to complete the tutorial by that date will result in obtaining an "F" in the course. To complete the tutorial, visit the following website: http://www.jon-elhai.com/courses/plagiarism-tutorial

4. Grading:

http://www.utoledo.edu/studentaffairs/dos/ for details.) Disciplinary action for violation of these policies will be

decided on a case by case basis and will be in accord with University policy.

6. Class Communication: the Instructor will communicate to students by email about class announcements, changes to the course schedule (including class cancellations), and grades. It is the student's responsibility