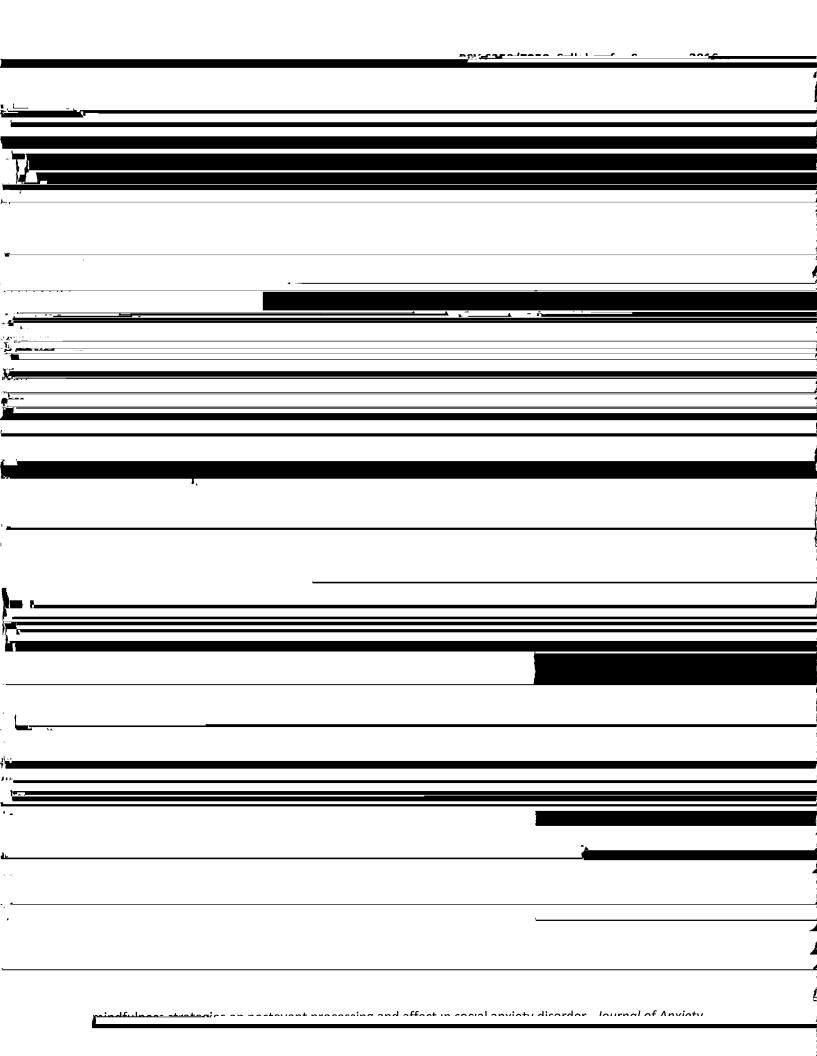


MINDFULNESS & ACCEPTANCE-BASED THERAPY

The University of Toledo, Department of Psychology College of Languages, Literature and Social Sciences (LLSS)

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Instructor:	Wesley Bullock, Ph.D.	Term: Summer II, 2016
Email. <u>Office Houre</u>	wesley.bullock@utoledo.edu Tuos & Thurs 12:00 1:00	Class Day/Time: Tues 9: Thurs 0:20 12:00
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Office Location:	(or arranged) University Hall (UH), Rm. 1420	Course Credit Hours: 3
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	PTION / OVERVIEW	

	PREREQUISITES	
	Prerequisite: With rare exceptions, students entering this graduate seminar wıll have completed an	(
	graduate course in Psychopathology, and very often undergraduate courses in Personality and Clinical	
	Psychology as well, all of which serve as good foundation for the graduate seminar in mindfulness and	
	acceptance-based treatments.	
	Acceptance-pasea treatments.	
	REQUIRED TEXTS (workbook chapters to be completed as homework assignments, with daily email	
	reflection los required to demonstrate comprehension (competency with workhook material).	
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